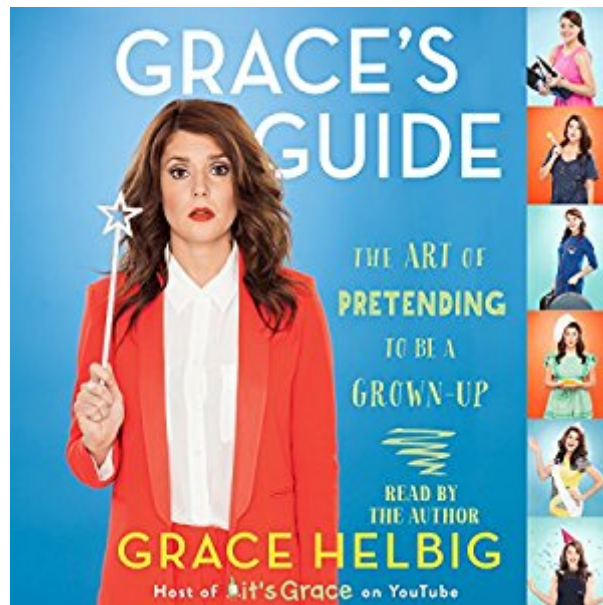


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# Grace's Guide: The Art Of Pretending To Be A Grown-up



## Synopsis

Face it - being a young adult in the digital era is one of the hardest things to be. Well, maybe there are harder things in life...but being an adult is difficult! So Grace Helbig has written a guide that's perfect for anyone who is faced with the daunting task of becoming an adult. Infused with her trademark saucy, sweet, and funny voice, Grace's Guide is a tongue-in-cheek handbook for millennials, encompassing everything a young or new (or regular or old) adult needs to know, from surviving a breakup to recovering from a hangover. Read by the author in her inimitable style, Grace's Guide features interactive elements and exclusive stories from Grace's own misadventures - like losing her virginity solely because her date took her to a Macaroni Grill - and many other hilarious lessons she learned the hard way. Amusing and unexpectedly educational, this refreshing and colorful guide proves that becoming an adult doesn't necessarily mean you have to grow up.

## Book Information

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## Customer Reviews

Probably one of the best things the Internet has puked into the real world

Can't put this book down. It is amazing. Grace not only knocked this book out of the park; but she tied it down, dripped hot wax on it and made it her bitch. Loved every word.

Twenty years ago I was a manager. On several occasions I hired people right out of college. Many times I would remind myself by saying, "I wish schools offered a course entitled Life 101" because many of these young people had no clue. Grace Helbig's new book entitled,

Grace's Guide: The Art of Pretending to be a Grownup should be the textbook. She is a successful millennial who gets what it means to be successful without alienating people. The reason I say this is because the book comes across as so honest as she talks about the pain in her life like panic attacks. How can you not like someone like her? Her book gives you permission to love yourself despite your flaws. Here is a sample of her sage advice on the subject of making friends. "Surround yourself with people who are the ketchup to your french fries—they make you a better version of yourself. Yes french fries are amazing on their own, but combined with ketchup they are a force. Spend time with people who bring out your true flavors but don't overpower you." The book is a quick and easy read as it is organized around chapters. Each chapter has a personal anecdote followed by a list with short blurbs that are arranged in an acrostic. This is followed up with "Mom's Words of Wisdom." An example is "Remember everyone is trying to make their way in the world. So don't be like the speedboat that splashes everyone when you go by. Be the elegant sailboat that leaves everyone with their mouths open saying "Wow!" While the intended audience is older teens and young adults there is sage advice in the last chapter for senior adults like me entitled Tips for Living Online.

This book is great and I'm not just being biased because I'm a huge Grace Helbig fan. This is actually an extremely helpful guide. I was afraid that this book was going to be geared mostly towards 16-20 year olds and it's not. I'm 25 and found that this guide still applied to me and probably many of those who are in their mid to late 20s. Now, Grace is hilarious so I figured her book would be as well, which it is, but what I didn't expect was that there would be some depth to it. Grace combined her personal experiences with her advice very "grace"fully (pun intended) so that I didn't feel like I was being given advice from someone who just says "science shows this is how you should do this". She has a way of taking advice a friend or family member could suggest that people tend to ignore and make it funny and relatable so that you think why haven't I been doing this all along. I actually laughed out loud a few times while reading this and by total surprise even teared up at a few parts in the chapter about anxiety because as someone who has anxiety I related completely to some of her experiences. Highly recommend to anybody who is trying to find their footing in this "arbitrary piss den called life."

As a huge Grace fan, and 32 year old (gulp), I didn't think this book would appeal to me, as the advice given is targeted towards Millennials; which I still believe is true. However, this book is clever, witty...and helpful. Although I am beyond the target market for this book, it still made me "LOL"

(literally) reminded me of why I'm such a huge Grace fan in the first place. Bottom line, if you love Grace, if you love to laugh, or even if you're an "adult" with a adolescent sense of humor...then pick up this book...and while you're at it, purchase a half dozen travel size deodorants (it's in the book).

It's rare you find a book where after every chapter you say "wow, I relate to that story, and I learned from that advice" this isn't just a book written by a youtuber, this is a book written by a human who understand just how awkward and difficult life can be for the weird kid. The kid who likes to watch YouTube on a Friday night. The best part of this book is that its not trying to change you, it's telling you to keep being weird, and how to survive in the world as the awkward kid.

This book is without a doubt one of my favorites. I've only read part of it so far, but it's great. Grace's sense of humor keeps me rolling on the floor while her intelligence and advice actually inspire me to get back up off the floor and do sh\*t. She's got a new level of honesty and transparency in this book that's different than her videos online, and it makes me love her more. Platonically of course (I mean... Unless you wanna... Grace? Hello?) If you've never heard of Grace or seen any of her videos, definitely check out this book anyway. It's worth it, and she'll definitely make you feel like you've finally got an older (or younger, I don't know you) sister that you never knew you wanted!

Any time that Grace has gone on a new venture, she has succeeded. This is another great success story for her fledgling career. This book really shows off her talents as a writer and comedienne. The book is a must have for any fan whether you've recently discovered her or you've been watching since the Grace and Michelle days. Thanks Grace for all the hard work.

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